

Guidance and support FAQs during the school closure

Why are you closed? My other child's school is still open.

We are closed due to the high number of staff who are self-isolating. We do not have enough staff to safely open the Academy. Mock exams require a skeleton staff and so can be supervised. In addition the staff that are self isolating hold key roles in attendance and first aid. The Academy can't open if our systems for First Aid and attendance monitoring cannot be fulfilled. Our staffing levels will not increase before all staff have completed their 14 day self-isolation. This is why we have made plans for up until the Easter holidays, currently.

Can I collect paper copies of work for my child?

We are unable to provide paper resources as most of the work being set is digital and cannot be easily printed. However, we are conscious that not all students can have one on one access to computers and so have asked staff to set work that can be done on paper, photographed and submitted for feedback.

What work will be set?

Curriculum areas are working on lessons to be shared digitally. They are scanning relevant textbooks for students to access via SmartHomework and this will be set in line with the planned curriculum. You can monitor your child's work as a parent/carer through your own [parent portal digital logins](#). Work will be set according to each student's timetable. This is to ensure students are following a consistent routine as much as possible.

How can I help my child study and how do I create a purposeful study space?

There are a number of simple but effective ways in which you can support your child while they are learning from home.

- **Routine:** A daily routine is really important. Try to make sure that your child gets up at their usual time and follows their daily timetable (it will be written inside their planner). As well as giving a sense of normality, it will also ensure that weaker subjects are not neglected. Your child will potentially be distracted by the draw of video games, television and social media. However, we suggest that these are used as a reward at the end of a day of studying, rather than throughout the day.
- **A suitable place to study:** If possible, your child should have access to a quiet place to study with a desk and no distractions. They may need to use their mobile phone to access work that has been set online but it is advised that you monitor this so that they are not being distracted as mentioned above!
- **Breaks during study:** Whilst your child should maintain a regular routine, short breaks which include bursts of gentle exercise will help them to concentrate. If self-isolating this may need to be running on the spot, sit ups, star jumps etc.
- **Work set by teachers:** Teachers will be setting work each day on Smarthomework. Your child can access this by logging into the Chelsea Academy Learning Cloud (CALC). Much of the work that is set will be online using sites such as SAM Learning, GCSEPod, Hegarty Maths, BBC Bitesize and Memrise. These are all excellent resources but so that students are still practicing extended writing, some work will require students to handwrite answers, before emailing a photo to their teachers or uploading it to google classroom. When emailing work to teachers it is important that students send it from their Chelsea Academy email account.
- Here is a guide to [GCSE revision](#) and [A level revision](#) for parents.

What about Easter Assessments?

We will reschedule the HT4/Easter Assessments for Year 7-9 until after the Easter Holiday. Currently this will be between 20th April - 1st May. Students can continue to revise independently for these assessments using their exercise books and shared resources from their subject teachers. Should circumstances change we will provide other opportunities to ensure student learning, assessment and progress is being monitored and supported.

Can I collect exercise books?

Year 11 and Year 10 students can collect books for their **exam work on Thursday only**

These will be ready to collect on **Thursday, 19th March 2020 from 10am - 2.45pm.**

Please see the times for each coaching group. These timings are important so that we can ensure social distancing and no mass numbers of students arriving together.

| Coaching Group | Time Slots | Coaching Group | Time Slots |
|----------------|-----------------|----------------|-----------------|
| 11C | 10.00 - 10.20am | 10C | 12.30 - 12.50pm |

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|------------|-----------------|------------|-----------------|
| 11E | 10.25 -10.45am | 10E | 12.55 - 1.15pm |
| 11F | 10. 50- 11.10am | 10F | 1.20pm - 1.40pm |
| 11G | 11.15 - 11.35am | 10G | 1.45 - 2.05pm |
| 11L | 11.40 - 12pm | 10L | 2.10 - 2.20pm |
| 11N | 12.05 - 12.25pm | 10N | 2.25 - 2.45pm |

My child doesn't have any internet access at home, what can I do?

Please notify your child's Head of Year. If you have email you can email them, if not, please try the phone numbers listed.

Year 7 - Mrs Vaghela - alexandra.vaghela@chelsea-academy.org - 07584 560 603

Year 8 - Mr Fisher - jake.fisher@chelsea-academy.org - 07584 562 311

Year 9 - Ms Borg-Cunen - christine.borg-cunen@chelsea-academy.org - 07584560648

Year 10 and 11 - Mr Daverat - richard.daverat@chelsea-academy.org - 07584 551 633

Year 12 - Ms Capewell - naomi.capewell@chelsea-academy.org - 07584560276

Year 13 - Miss Hetherington - charlotte.hetherington@chelsea-academy.org - 07776465347

I am not receiving texts/emails from the Academy

If you think you are missing communication from us, or you know you have changed your contact details recently and not let us know, please email admin@chelsea-academy.org with the following information:

- Your name
- Your child/ren's name/s
- Your contact number
- Your email address.

A member of staff will then call you to verify some details before we update our records.

What is going to happen about exams in the Summer?

At the moment we aren't able to provide any further information as the Department for Education has not issued any guidance. Please reassure your child that all students across the UK will be in a similar position.

My child receives Free School Meals, what help is available?

At the moment the government hasn't addressed how families who receive FSM will be supported. In the meantime, if you are struggling please make contact with us via the appropriate head of year.

I am concerned about my child's mental health, what should I do?

- Children will be very aware of the anxiety and uncertainty in the world at the moment, and may not be used to seeing adults experiencing these emotions. Please try to model calm, positive thinking for them, even if you are not feeling that way.
- Recommended free apps to support [Mental Health & Wellbeing](#) - endorsed by the NHS
- The Chelsea Academy PE Department will be setting regular tips for maintaining health and wellbeing during this time. Please encourage your child to engage with their programme.
- Any student who is really struggling and needs someone to talk to / communicate with about this can email support@chelsea-academy.org and a member of the Pastoral Team will get back to them

Do you have any advice about how to talk to my child about coronavirus or anything I can do to help myself or them?

Our education psychologist suggests the following ideas to help:

- Show compassion for self and others – Take time to look after yourself. Remember the guidance for oxygen masks on planes: self first then others
- Limit or restrict your news intake to what you can handle e.g. 10 mins daily
- Focus on and enjoy the present moment – we suffer more when we overthink about what might or might not happen

- Model gratitude to others - Make a special show of being thankful to others, for opportunities, for safety, for the people who care for us
- Comment on strengths used- Take time to notice and comment on the strengths used by others, and to notice our own
- Notice acts of kindness in the community and more widely from examples around the world and highlight resilience in others- Comment when someone has shown perseverance in the face of difficulty #Viralkindness
- Look out for others. If you notice someone is struggling, adult or child. Just ask 'Are you okay?' They may be fine, they may not, but asking makes sure we don't miss a chance to help

You should all have copies of the Things that can help booklets – activities around Relaxation, Coping with worries, Looking after yourself, Connecting with others, Mindfulness etc. If you'd like additional copies or have misplaced the original booklet, we can email some of the activities to you. Please see some additional resources, below.

1. Coronavirus: Keep it simple, stick to facts - how parents should tell kids - BBC
<https://www.bbc.co.uk/news/uk-51734855>
2. Dave Trickey (Consultant Clinical Psychologist, Trauma Specialist) has written this advice for talking to children: <https://krisepsykologi.no/what-can-we-say-to-children-about-coronavirus/>

My child has left something vital in their locker, can they come to collect it?

Yes, they can arrange to come and collect the item with their head of year between 9am and 10am tomorrow (Thursday only).

I have credit on my child's ParentPay account which I need, can I have a refund?

Please complete this [form](#) to enable us to process your request. Please note, this will take at least 5 working days to process.